



# GPR Advocacy Resources

# Advocacy: Maine Legislature

- Home page <https://legislature.maine.gov>
- Calendar <https://legislature.maine.gov/Calendar/#Weekly/2022>

# Action Alerts

Bill Tracker

# Current Letters of Testimony

LD, summary, date of submission

# Past Letters of Testimony

- **Restraint and Seclusion**  
<https://www.masponline.net/resources/Documents/MASP%20Restraint%20and%20Seclusion%20Statement.pdf>

# NASP Resources

<https://www.nasponline.org/research-and-policy>

# Maine Legislators' Handbook

<https://legislature.maine.gov/doc/4651>

# Follow a Bill Through the Legislature

<https://legislature.maine.gov/follow-a-bill-through-the-legislature>



# Testifying

<https://legislature.maine.gov/house/house/Documents/Testifying>

# Testifying Template

Template for GPR Testimony

# Shenna Bellows Advocacy Videos

•Who do I contact?

[https://www.youtube.com/watch?v=kNeSbplHcGQ&list=PLLSa2jlkIrVQeWglkmUk\\_RGbWjR906HFN&index=1](https://www.youtube.com/watch?v=kNeSbplHcGQ&list=PLLSa2jlkIrVQeWglkmUk_RGbWjR906HFN&index=1)

•What is my message?

[https://www.youtube.com/watch?v=jfY478X72wo&list=PLLSa2jlkIrVQeWglkmUk\\_RGbWjR906HFN&index=2](https://www.youtube.com/watch?v=jfY478X72wo&list=PLLSa2jlkIrVQeWglkmUk_RGbWjR906HFN&index=2)

# Shenna Bellows Videos Continued

•How do I get my message out?

[https://www.youtube.com/watch?v=2zliRnxjj1Y&list=PLLSa2jlkIrVQeWglkmUk\\_RGbWjR906HFN&index=3](https://www.youtube.com/watch?v=2zliRnxjj1Y&list=PLLSa2jlkIrVQeWglkmUk_RGbWjR906HFN&index=3)

•Taking it to the next level.

[https://www.youtube.com/watch?v=Eh9DxMrvvG0&list=PLLSa2jlkIrVQeWglkmUk\\_RGbWjR906HFN&index=4](https://www.youtube.com/watch?v=Eh9DxMrvvG0&list=PLLSa2jlkIrVQeWglkmUk_RGbWjR906HFN&index=4)

# Procedure For Public Hearings

[https://docs.google.com/document/u/6/d/1PkIHssKm3HnI\\_po\\_tU2-OiDCNbMJgqjFI/edit](https://docs.google.com/document/u/6/d/1PkIHssKm3HnI_po_tU2-OiDCNbMJgqjFI/edit)

# Testifying

- Click on <https://www.mainelegislature.org/testimony/>
- Select "Public Hearing"
- Choose Education and Cultural Affairs Committee
- Choose date
- Choose LD
- Fill out the form / your comments



