

Maine Association of
School Psychologists

**True Colors Shining Bright:
Inclusive Supports for
LGBTQIA+ Youth**

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Annual Meeting

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**Part 2: Preventing Chaos
Through Informed
Compassion: LGBTQIA+
Youth Thriving Post-crisis**

Presented By:

Amy Cannava, Ph.D.

Friday, November 19, 2021

8:30am to 4:00pm

**Harraseeket Inn
Freeport, Maine**

Presenter:

Amy is in her 19th year of practice as a school psychologist and the recipient of the 2019 NASP Presidential Award in recognition of Exceptional Service to Children and School Psychology. For the last decade she has specialized in LGBTQIA+ youth which resulted in her being appointed as the Chair of NASP's LGBTQI2-S Committee. Amy is a recognized and frequently requested speaker at local and national conferences. She consults with school districts, group homes, juvenile justice facilities, universities, and parents on affirmative and inclusive practices for queer and gender diverse youth, facilitates LGBTQIA+ peer support and counseling groups, and volunteers for numerous local Boards. Amy is the faculty sponsor for her high school's GSA and is the community sponsor for a cross-county Pride Prom which garnered national attention in its first year. She has authored book chapters for NASP on LGBTQIA+ youth, worked with The Trevor Project, GLSEN, Gender Spectrum, HRC, PBS Frontline, and Project Thrive representing NASP. A former crisis counselor for The Trevor Project, Amy remains inspired and appropriately challenged by the youth she serves who motivate her to continue bettering the world.

Registration Information

Full Day registration includes continental breakfast, lunch, and afternoon snack

AM workshop registration includes continental breakfast and lunch

PM workshop registration includes lunch and afternoon snack

MASP Member Pricing

Full Day = \$100

AM Workshop = \$50

PM Workshop Only = \$75

Non-Member Pricing

Full Day = \$150

AM Workshop Only = \$75

PM Workshop Only = \$100

Student Pricing

Full Day = \$50

AM Workshop Only = \$25

PM Workshop Only = \$35

- **Online registration only. Register closes November 12th.**

Cancellation Policy

If you need to cancel, you must submit written notification to MASP at least 10 days in advance for a full refund.

Cancellations with less than 10 days notice will receive a refund less the cost of food (typically \$60) and a \$25 processing fee. Please email your request to maineasp@gmail.com.

Schedule

Registration: 8:00 to 8:30

AM Workshop: 8:30 to 11:30

Annual Meeting 11:30 to 12:00

Lunch: 12:00 to 1:00

PM Workshop: 1:00 to 4:00

Learning Objectives:

1. Participants will identify risk factors facing LGBTQ+ youth which can affect mental health.
2. Participants will learn strategies to minimize long-term negative consequences by affirming self-worth, validity, and value of LGBTQ+ students.
3. Participants will learn about resources and strategies to utilize in meeting the mental health needs of LGBTQ+ youth through Affirmative Practices and tiered supports.
4. Participants will be empowered to effectively advocate for services to meet the needs of LGBTQ+ youth in our schools and provide school-based counseling services.

LGBTQIA+ youth are often classified as a homogeneous group, but the diversity among and within them is more distinct than many people realize. The need for school-based mental health and tiered supports for LGBTQIA+ youth is evident in higher rates of unhappiness, drug use, school dropout, truancy, suicide, harassment, family discord, and reduced self-referral rates. Despite the need and demand, most practitioners enter the field with minimal to no knowledge about queer and transgender youth. This workshop will teach participants how to foster a welcoming, affirming, inclusive, proactive, equitable, and responsive school environments which minimizes the risk factors LGBTQIA+ youth face. An Affirmative Practices model will be taught addressing tiered intervention from universal supports to counseling. Participants will be empowered by learning to implement school-based mental services, serve as advocates for LGBTQIA+ youth, and be an informed consultant to school staff. Resources will be identified and participants will leave with the ability to effectively advocate for sexual minority and gender-diverse youth as well as implement an innovative counseling program within their own schools to support these students.

Directions

From the North: Take I-295 South to Exit 22. Take a right off the exit. Follow 1/2 mile to stop light. The Harraseeket Inn will be directly in front of you.

From the South: Take I-95 North to Exit 52 Falmouth. Go through the tollbooth and take the exit for I-295 North. Take Exit 22. Take a left off the exit. Follow 1/2 mile to the stop light. The Harraseeket Inn will be directly in front of you.

Potential participants include: school psychologists, special education directors, special education consultants and teachers, guidance counselors, and social workers.

Accommodations:

Persons with physical disabilities who need accommodations should contact MASP at maineasp@gmail.com for assistance as soon as possible so that accommodations can be arranged.

CPD Hours: The Maine Association of School Psychologists is approved by the National Association of School Psychologists and the Maine Board of Examiners of Psychologists to sponsor continuing education (CPD) for psychologists. In keeping with requirements, CE is awarded in contact hours only and is awarded at the close of the workshop.